



## Nappy Changing Policy

We wish to include all children in our setting and understand that children start preschool at different stages in their development and that some children may still be in nappies or trainer pants. We work with parents towards toilet training, unless there are any medical or developmental reasons why this would be inappropriate, respecting any cultural or religious sensitivities regarding toileting and intimate care.

In order to care for the children's physical needs, we ask that parents/carers:

- make sure that wherever possible children arrive at pre-school wearing a clean nappy or trainer pants.
- provide nappies, wipes, and bags for soiled nappies so that their child can be changed.

Each child's nappy will be changed at least once during each session at which time the following procedures will be followed:

- Only a person with an enhanced DBS will change children's nappies or trainer pants.
- Children's nappies or pants will be changed in a private, designated area which complies with Health and Safety regulations.
- Although this area is private, the member of staff can still be easily seen and heard by other staff members.
- The designated changing unit and mat will be cleaned before and after a child is changed with a suitable anti-bacterial cleaner.
- A child will never be left alone on the changing unit and support will be given to help them climb the steps if appropriate.
- Staff will wear clean disposable gloves and plastic aprons for each child.
- Appropriate hand washing facilities will be available for the adult and the child. Hands will be washed using anti-bacterial soap and dried thoroughly with paper towel or hand drier after completing the procedure.
- Nappies are disposed of in line with our Health and Safety policy.
- Staff will promote independence suitable to the age and stage of the individual child's development.

If it is deemed relevant, we may use reward charts to support toilet training. This will be implemented after consultation with the child's parent or carer to ensure continuity between the setting and the home environment.

The child's privacy and dignity will always be respected during nappy changing.

To ensure their comfort every child in nappies is changed part way through each session and additionally when necessary.

If a child has a toileting accident, staff will assist the child in changing in the toilet area.

Staff will explain to the child verbally or using visual cues the intention to change or clean.

Staff will wear clean disposable gloves as before, the hand washing procedure will be as above and soiled clothing will be double bagged and returned to parents at the end of the session. In the interests of public health any heavily soiled items will be disposed of professionally using our hazardous waste disposal facility.

Staff will maintain accurate records of child's responses to personal care and/or any changes in behaviour that may give cause for concern.

The DSL (Alison Doussoux) or Deputy DSL (Ruth Claydon) will be informed of any actions or comments made by the child as well as any physical signs that may give cause for concern.

If the parent/carer has any queries or concerns about this procedure, they should talk to their child's key person or a member of the management team.

This policy should be read in conjunction with our Intimate Care Policy.

Signed: Ruth Claydon    Date: 7<sup>th</sup> March 2025    Next Review: March 2026